



2011 MAYOR'S 5K RUN/WALK/WHEEL



Saturday, April 10, 2010

Civic Center – 1100 N. 6th Street – Abilene

8:00 a.m. 5K Run/Walk Start 7:55 a.m. Wheelchair Start
8:45 a.m. 1 Mile Family Fun Run



The Mayor's 5K and the Fun Run will begin and end at the Civic Center and will be routed through downtown on a 'closed' course. **The 5K will be chip timed.** A map will be posted to the websites below. **Race packet pick-up** will be Friday afternoon at City Hall, between 2:00 and 5:00 p.m., and Saturday morning, beginning at 7:00 a.m. Proceeds from this event will support the Mayor's Council on Physical Fitness.

To Register: Active.com, mail in form or drop off form at City Hall, 555 Walnut, room 101.

For information call **325-676-6246**, or visit www.abilenetx.com, www.myfitnessabilene.com, www.abilenerunners.com, www.jrleagueabilene.com

Name: _____ **Age** (as of 04/10/10) : _____ **Gender:** Male Female

Address: _____ **Email:** _____ **Phone:** _____

Circle T-Shirt Size: Child S M L **Adult** XS S M L XL XXL (add \$1)
(T-shirts guaranteed to first 300 5K registrants and all 1 Mile pre-registrants)

5K Pre-Registration: \$18 for 5K Run/Walk \$18 5K Wheel \$10 ages 10 to 18 Free age 9 & below
(*must be received by 4/2*) \$40 for family (up to 4) (include sheet w/each name, gender, age, shirt size & run/walk or wheel)

1 Mile Family Fun Run Free (include a list of all additional family members and t-shirt sizes)

Late & Race Day Fees \$23 for 5K run/walk/wheel (*circle 1*) \$15 for child under 18 \$50 for family of 4

1 Mile Family Fun Run is **FREE**, please pre-register to guarantee yourself a t-shirt.

Amount Enclosed: \$ _____

Release of Claim: I acknowledge and agree that running/walking/wheeling near automobiles and bicycles is extremely dangerous and that running/walking/wheeling in races is an extreme test of a person's physical and mental limits and there exists the potential for death or serious injury. I certify that I am capable of participating in the run/walk/wheelchair and am doing so of my own free will. I assume the risks of participation and assume full responsibility for injury, accident, or illness which may occur during the event or while I am on the premises of the event, and I do hereby forever release, hold harmless, and indemnify the City of Abilene and its event known as the Mayor's 5K, its employees, agents and volunteers of and from any and all claims for damages or liability in any manner arising out of participation in this event including but not limited to the negligence of the City of Abilene, its employees, agents or volunteers. I also agree to follow all rules of the event and permit myself to be removed from competition if in the opinion of the event administrators, my continuing would endanger my health.

Participant Signature Date

Guardian Signature (if participant is under 18) Date

Make checks payable to City of Abilene
Complete and SIGN the form above and mail to: **Mayor's 5K, PO Box 60, Abilene, TX 79604**